



RETHINKING CHALLENGING BEHAVIOR

Collaborative Problem Solving Level 1 Essential Foundations ^{© MGH}

An Innovative, Trauma-Informed, Skill-Based Approach for Teaching, Treating, Parenting, and Caregiving Kids and Adults with Challenging Behavior

Advanced Certified Trauma & Resilience Practitioners:

Rick Bowman, M.A., Clinical Psychology, CTRP-Clinical[®]

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HOSTING AGENCY NAME
MONTH, 00, 2025
0:00 – 0:00 PST
LOCATION OR VIRTUAL

Continuing Education:
Certificate for 7 PDUs

WHAT WILL I LEARN?

- Comparisons** of how CPS more effectively addresses behavior than traditional models
- Processes** to assess and plan intervention components of the CPS Model
- Strategies** for when a child has difficulty with cognitive flexibility, emotional regulation, or expressing concerns/needs
- Applications** for proactively working with children to build skills for areas of chronic challenges
- Approaches** to foster positive relationships and skill growth

Rick & Doris Bowman are Certified Trainers of the Collaborative Problem Solving[®] (CPS) approach by Think:Kids (www.thinkkids.org), a program based in the Department of Psychiatry at the Massachusetts General Hospital in Boston, MA.



Contact

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